

Supplemental Resources



Liturgies to Mark Menopause - things to consider

If you don't see an official liturgy that you think speaks to this moment in your life with God, you can always consider creating your own liturgy or prayer service.

Some things to consider:

Root it in scripture: What speaks to me in the present moment? Is there a piece of scripture that is guiding me, or that could guide me?

Solitude or in community: Is this between me and God? Do I want to do something in community?

See what's available: Do current resources speak what is in my heart? If not, what do I want to say to God? What do I need for comfort? Is there anything I want to release back to God?

How do I look forward with God?

How to pray with my whole body?

Consider what you may want to include. Healing Liturgies for Seasons in Life makes the observation that liturgies typically include these components:

The Gathering Rite - A greeting or centering that gets us ready for what we are to do.

Proclamation of the Word - We center Christ when we center The Word.

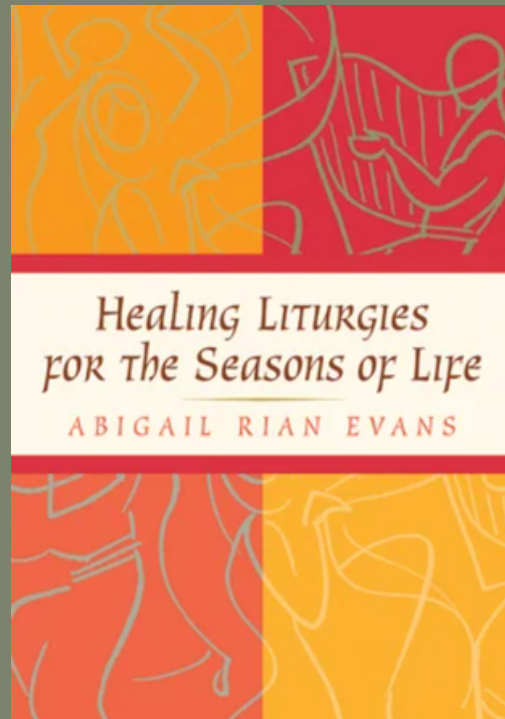
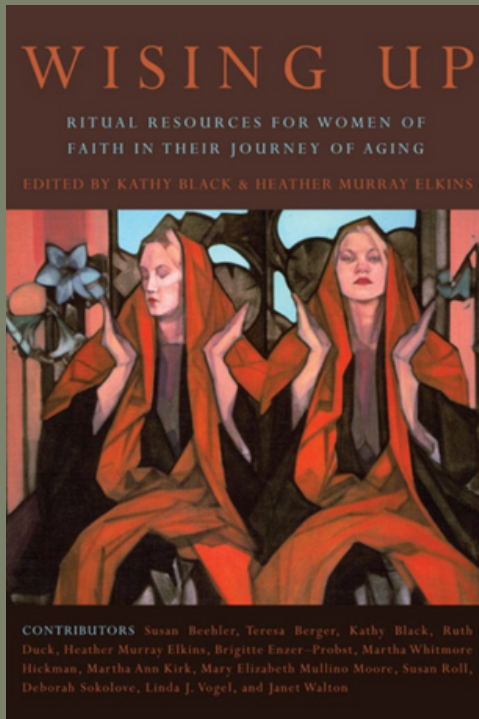
Prayer - This should reflect what is in our hearts and what we want to say to God.

Sacrament - This is a concrete sign of God's grace. It can also include those things that are sacramental in nature, such as writing a letter to God, anointing oils, etc.

Music - This can be something you offer, something someone offers for you, or something you bring in.

Conclusion and Dismissal - This should challenge us to live as a resurrection people after the liturgy is over!

Additional Resources



 THE CHURCH OF ENGLAND

OTHER SITES  Search  Menu

Home — Prayer and Worship — Worship texts and resources — Book of Common Prayer

The Churching of Women


The Thanksgiving of Woman after Child-Birth Commonly Called The Churching of Woman

<p>The (Online) Book of Common Prayer</p> <p>Home The Table of Contents The Calendar of the Church Year The Daily Office The Great Litany The Collects Proper Liturgies for Special Days Holy Baptism The Holy Eucharist Pastoral Offices Episcopal Services The Psalter Prayers and Thanksgivings The Catechism Historical Documents of the Church Tables for Finding Holy Days The Lectionary Daily Office Lectionary</p> <p>Search this site</p> <p>External Resources (Pages will open in a new window)</p> <p>The Holy Bible - NRSV The Holy Bible - RSV The Holy Bible - KJV The Holy Bible - ESV</p> <p>DailyLectio.net (NRSV Lectionary Readings)</p> <p>The Revised Common Lectionary</p> <p>The Lectionary Page</p>	<p>The (Online) Book of Common Prayer</p> <p>and Administration of the Sacraments and Other Rites and Ceremonies of the Church</p> <p>Together with The Psalter or Psalms of David</p> <p><i>According to the use of</i> The Episcopal Church</p> <p><i>The Church Hymnal Corporation, New York</i></p>
---	---

Book of Common Prayer: Confirmation, Reception and Reaffirmation, and a Form of Commitment to Christian Service (begins p. 410)

**The Book
of Occasional
Services • 2022**

Conforming to General Convention 2022

 CHURCH
PUBLISHING
INCORPORATED